



A big transition for both children and parents.

Starting the new environment without mommy and daddy around it is already a big deal for little one. Children often cry when they start preschool due to a combination of emotional and developmental factors, which are common during this transition.

1. Fear of being away from parents or caregivers is one of the most common reasons. Young children are attached to their parents and leaving them for the first time can feel overwhelming.
2. Preschool introduces children to new surroundings, unfamiliar people, and a different routine. This change can cause anxiety as they are used to the comfort of their home.
3. For many children, preschool is the first time they are exposed to large groups of other children. Some may feel shy, overwhelmed, or unsure how to interact, leading to stress.
4. Children are at different developmental stages in their ability to regulate emotions and manage stress. Crying is a normal emotional response as they haven't yet developed the ability to express their feelings in other ways.
5. Starting preschool represents a step toward independence, which can be both exciting and intimidating for young children. The challenge of managing new experiences without parental support can trigger emotional responses like crying.
6. Overtired and hungry and challenge of expression can make children cry.
7. The best way is to talk with your child for the next step of their milestone so they will be aware of what they will have to face. The first week can introduce by drop them off not too early.

Subject: First-Week Drop-Off & Pick-Up Guidance

Dear Parents,

Welcome to the first week at Busy Bees Preschool! We are here to support both you and your child as they adjust to their new environment. Below are some guidelines to help make this transition as smooth and comfortable as possible:

Day 1 Drop-Off & Schedule:

Drop-Off (8:30 - 9:00 AM): This is the best time to arrive, as it allows the children some playtime while parents are still around.

Breakfast (9:00 AM): Children will enjoy breakfast with their classmates. Parents are welcome to stay with us during this time on the first day.

Playtime & Circle Time (9:30 AM): Playtime begins, followed by circle time in class. Parents can stay for an additional 10 minutes to help ease the transition.

Pick-Up: For the first week, we recommend a half-day pick-up after lunch. This shorter day will help ease any worries about when parents will return.

Starting from Day 2:

Drop-Off (8:00 - 8:45 AM): Arriving at this time lets children play and adjust to being around others without parents.

The first week or two can be challenging, as children experience their first steps toward independence. There may be some tears, as it's natural for children to form strong emotional bonds with their primary caregivers. This is all part of building their confidence, helping them learn new responsibilities, and supporting their growth.

We're here to make each day wonderful for you and your child! 😊

Best regards,

Busy Bees Preschool Phuket